


SAYVILLE SEPTA NEWS LETTER

Special Education Parent Teacher Association

November 2016

<input type="radio"/>	Fall is upon us, which brings us to a time to be thankful! What are you thankful and grateful for?	
<input type="radio"/>	If you are like all of us at SEPTA, we are very thankful for the little things in life and grateful for the community's support these past years. No matter what life throws at you this month and the months ahead, there's always something to be thankful for.	
<input type="radio"/>	Please know, SEPTA is always available for anyone's questions, comments or if you just need someone to talk to!	
<input type="radio"/>	We wish you all a wonderful Thanksgiving and warm holiday season ahead!	
	Our next meeting will be held on...	
	Tuesday, November 1, 2016 at 7:30pm	
	Middle School Library, 2nd floor	
	Our speaker will be, Tracy Sirc-Chandler, MS Ed, Certified PEERS provider/Co-owner Mile Zero Consultation on the topic of "Social Coaching Toward Successful Relationships."	
<input type="radio"/>	Navigating social interactions, managing conflict and understanding rejection can be tricky. Learn how to properly coach individuals and provide effective feedback. More info can be found at www.milezeroconsultation.com	

SEPTA KUDOS AWARD

Congratulations to our nominee!

Maryann Arrasate, High School Aid

Keep the kudos coming and nominate someone in our school community for positively influencing our students. Please send an email with your nomination to Lisa Moynihan at septakudos1@gmail.com. Be sure to include the person's name, school, and a few sentences explaining why you are nominating this individual.

KUDOS 4 KIDS

The nominations are starting to come in! We are happy to announce that we will begin to recognize some of our amazing youth and their acts of kindness at our January meeting. We will be contacting these nominees shortly. We are so excited that we can barely wait! Please keep the nominations coming in! There is nothing more powerful than taking the time to notice and recognize an act of kindness. It forever leaves an imprint on the giver and the receiver of that small gesture.

Nominate a student that encourages and supports our children with special needs. Families and staff members can send nominations to septakudos1@gmail.com with the student's name, building and reason why they are being nominated.



Extra, Extra, Read All About It!

Did You Know... November is National Epilepsy Awareness Month! About 1 out of 3 people with epilepsy, live with uncontrolled seizures, because no available treatment works for them. If someone is having a seizure, do not put anything in their mouth, do not forcibly hold them down, move nearby objects out of the way, make them comfortable by having them sit or lay on their side and always have someone stay with a person having a seizure. For more up-to-date info on Epilepsy please go to epilepsy.com or efli.org

Spirit Wear...pick up is 11/22 6pm-8pm in the Middle School cafeteria. Any questions please email jodic2401@yahoo.com

Are you on Facebook? Check out Sayville SEPTA on Facebook and come join our closed group!

MARK YOUR CALENDAR

"Mittens and Hot Cocoa"

SEPTA's Annual Holiday Breakfast
December 3, 2016
9:30am-12pm
West Sayville Fire house
\$10/family

DJ, Santa, face painting, crafts, games, refreshments and FUN!

RSVP SayvilleSEPTA@gmail.com
Please Include Number of People Attending